



Convalescent Care

When someone is ill in hospital or has had an accident, one of the biggest concerns is how they will cope when they get home. It's not always easy for family members to take time off work. There might be other demands on people's time. And the person in hospital often worries about being a burden to everyone.

Without the right level of care at home, an extended stay in hospital or in a convalescent home could seem like your only option. That's when you need Unity's flexible convalescent care services.



Convalescent Care at Home

With a comprehensive convalescent care plan your loved one can be discharged from hospital without delay, confident in the knowledge that a skilled and friendly team of nurses and care workers are waiting to welcome them home.

Nobody enjoys being in hospital. No matter how well you've been looked after, it's just not like being at home. Your family and friends can't pop in when it's convenient. You can't even have a cup of tea when you want one. And there's nothing like having a good night's sleep in your own bed.

When you convalesce at home with help from Unity Care Solutions, you have freedom and flexibility that's just not possible in hospital or in a convalescent home. Your care package is monitored throughout, so as your health improves and you regain your independence, the level of help you need reduces.

What's involved

Unity's team includes a range of skilled care workers and qualified nurses. This means that a care plan can be carefully tailored to help you convalesce at home. Depending on your condition, convalescence might include different levels of care. You might need a live-in carer for a while, with regular visits from a home nurse to take care of your clinical needs. If you have family at home, you might need help with elements of your care, or during the day when they're at work. The Unity convalescent care team will help you with:

- Clinical and nursing care
- Personal care needs
- 24 hour live-in support
- Light domestic duties & preparation of meals

Like all Unity's services, our convalescent care is designed to meet your every need – when you need it most - all you have to do is focus on getting well again.