



Home Care

There's nothing harder than having to give up your independence. Especially when that means giving up your home too. That's why many older people are reluctant to move into a residential care home.

But if someone close to you is finding it hard to manage, you might think there's no alternative. But you'd be wrong. Understandably, families worry about their relative's safety and quality of life. Unity's home care team helps older people live full and happy lives in the comfort of their own home.



Meeting Individual Needs

At Unity, there's no such thing as off-the-shelf care. That's because there's no such thing as an off-the-shelf person.

We assess your needs and work with you and your family to provide a helping hand when it's needed, but encouraging independence and maintaining dignity and quality of life at the same time.

Once your home care package is up and running, we continue to monitor it carefully to make sure it meets your ongoing needs. If you need more or less support as time goes on, we adjust things accordingly.

Our home care support team are passionate about their work. Their priority is your quality of life. We're not afraid to hold a hand or enjoy a laugh, and we're good at listening too.

Quite simply, when the person we're caring for is happy – we're happy.

What's Involved

Home care provides help with everyday things that your loved one can no longer do themselves. It might be because they are no longer able, or perhaps because they don't feel as confident as they once were.

Home care includes personal care – all those things we take for granted until we can't do them without assistance:

- Washing, dressing and bedtime routines
- Organising meals
- Light housework

But Unity's home care service goes beyond personal chores. There's nothing our care support workers enjoy more than taking people out and about. After all, there's nothing like a trip to the shops or a social outing to boost the spirits and improve quality of life.

But it's your home and your care – you choose – what would you like to do today?