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| Week 14 – 20 March 2022 |
| UK and Ukraine Friendship Flag | **Ukraine crisis**The tragic events unfolding in Ukraine in ‘real time’ on broadcast news and across social media are very hard for anyone to see; but if you have ties to Ukraine or other eastern European countries, there is an added layer of trauma and distress.We know many providers have staff, residents and clients who are from eastern Europe or whose family and friends are there. The invasion of Ukraine has brought tense and dangerous times for loved ones who remain in Ukraine or who have been forced to flee. |
| **Ways to help**Here are some ways to help those caught up in this terrifying situation and to make a human connection from a distance:* [Gov.uk: Ukraine: what you can do to help](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy5nb3YudWsvZ292ZXJubWVudC9uZXdzL3VrcmFpbmUtd2hhdC15b3UtY2FuLWRvLXRvLWhlbHAifQ.OPg8_7IFV_hAjpBQNNA9m8gdN8wN8ZjiRxc_lB_AVNw/s/1509276145/br/128114087285-l) <https://www.gov.uk/government/news/ukraine-what-you-can-do-to-help>
* [Gov.uk: UK visa support for Ukrainian nationals](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy5nb3YudWsvZ3VpZGFuY2Uvc3VwcG9ydC1mb3ItZmFtaWx5LW1lbWJlcnMtb2YtYnJpdGlzaC1uYXRpb25hbHMtaW4tdWtyYWluZS1hbmQtdWtyYWluaWFuLW5hdGlvbmFscy1pbi11a3JhaW5lLWFuZC10aGUtdWsifQ.L47_f0rFNPhPSLUQQolwvmXbBA7coZsBBqfzqWIgbX4/s/1509276145/br/128114087285-l) <https://www.gov.uk/guidance/support-for-family-members-of-british-nationals-in-ukraine-and-ukrainian-nationals-in-ukraine-and-the-uk>
* [Disasters Emergency Committee: Ukraine appeal](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy5kZWMub3JnLnVrLz9nY2xpZD1FQUlhSVFvYkNoTUlnNExhbThlcDlnSVZXdXp0Q2gzdGZnOFlFQUFZQVNBQUVnSjFNdkRfQndFIn0.PNRbD_Fqcy07Fkud9bFGC6ZIzVtUbiyYXrW-p3ozlmY/s/1509276145/br/128114087285-l) <https://www.dec.org.uk/?gclid=EAIaIQobChMIg4Lam8ep9gIVWuztCh3tfg8YEAAYASAAEgJ1MvD_BwE>
* [British Red Cross: Ukraine humanitarian appeal](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL2RvbmF0ZS5yZWRjcm9zcy5vcmcudWsvYXBwZWFsL3VrcmFpbmUtY3Jpc2lzLWFwcGVhbCJ9.JzKp_dbD7soKrJd5dBmEv5RbwPBlh7vgXuk6Pki7FZ8/s/1509276145/br/128114087285-l) <https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal>
* [Unicef UK: protecting children in Ukraine](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy51bmljZWYub3JnLnVrL2RvbmF0ZS9kb25hdGUtbm93LXRvLXByb3RlY3QtY2hpbGRyZW4taW4tdWtyYWluZS8ifQ._yajiLqBL8MQBmv5ybBPNx4iLxxfVkoXOyQC2MC4VIM/s/1509276145/br/128114087285-l) <https://www.unicef.org.uk/donate/donate-now-to-protect-children-in-ukraine/>
* [International Rescue Committee: helping those forced to flee](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL2hlbHAucmVzY3VlLXVrLm9yZy91a3JhaW5lLWRlYz9tcz13c19iYW5yX2Z5MjJfdWtyYWluZV9VS01LXzIwMjIwMjI1JmluaXRpYWxtcz13c19iYW5yX2Z5MjJfdWtyYWluZV9VS01LXzIwMjIwMjI1In0.X8NxFy60iqG3UmwhcCFotqFx41lmNR9JUXAe2qhI15w/s/1509276145/br/128114087285-l) <https://help.rescue-uk.org/ukraine-dec?ms=ws_banr_fy22_ukraine_UKMK_20220225&initialms=ws_banr_fy22_ukraine_UKMK_20220225>

**Reporting of the situation**For objective reporting you can turn to trusted, reputable sources of information, such as [BBC News: War in Ukraine](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy5iYmMuY28udWsvbmV3cy93b3JsZC02MDUyNTM1MCJ9.Uw02E9YDc66m7LkpdUvsBZnS3YsRdpT3DTXcS-p-uBQ/s/1509276145/br/128114087285-l) <https://www.bbc.co.uk/news/world-60525350> which explains the ‘what, where, when, why and who’.You can use the government’s [sharechecklist](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3NoYXJlY2hlY2tsaXN0Lmdvdi51ay8ifQ.4rqQbZ_YZm3yzi3N7k1pMJ9_G_FDbA6A0SM0v4raNss/s/1509276145/br/128114087285-l) tool <https://sharechecklist.gov.uk/> to check other information you may come across is from a trusted source.Sometimes, wall-to-wall coverage can become overwhelming for the people we support. If you are concerned this might be the case, you could check in with people to listen and see how they are feeling. You might want to suggest switching off the news for a while; or choosing carefully how often it's viewed and regularly offering a range of alternative activities. |

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|  | **Social Care Day of Remembrance and Reflection: a message from Deborah Sturdy, Chief Nurse for Adult Social Care**One of the reasons, if not the main inspiration, for accepting the post of Chief Nurse for Adult Social Care, was to honour, support and encourage our amazing care profession through some extremely challenging times. It’s fair to say though, not even the most experienced of us could have anticipated how disruptive, damaging and persistent COVID-19 would become in our personal as well as professional lives.The pandemic has affected us all in different ways. Sadly, in many tragic cases, we have lost some wonderfully dedicated colleagues, as indeed have our equally committed counterparts in the NHS. |
| On this week's special day of remembrance and reflection for social care, we take this opportunity to remember the sacrifice of colleagues, friends and family who put themselves in harm’s way to protect those who needed care the most. I am truly humbled by their bravery, compassion and selflessness. Even in those early days of uncertainty and anxiety, when the first vaccines were yet to be formulated, care colleagues showed their flexibility and adaptability in a crisis. In care homes, domiciliary care and other settings, they did what they could to keep the most vulnerable in our communities safe. Having worked on the frontline of the care sector for decades, it became clear to me how social care colleagues consider caring to be more than a job. Much of our satisfaction comes from knowing we are making a positive difference in people’s lives. We are the bridge between clinical and community support, a bridge which became a literal lifeline for many in the darkest days of the pandemic.It’s a day to share deeply emotional stories of those we lost, but also celebrate the amazing support our profession provides, seven days a week, 52 weeks a year.Read Deborah’s message in full on the DHSC Social Care blog[**https://socialcare.blog.gov.uk/2022/03/17/social-care-day-of-remembrance-and-reflection-a-message-from-deborah-sturdy/?utm\_campaign=Adult+Social+Care+Update+18.03.22&utm\_content=dhsc-mail.co.uk&utm\_medium=email&utm\_source=Department+of+Health+and+Social+Care&wp-linkindex=4**](https://socialcare.blog.gov.uk/2022/03/17/social-care-day-of-remembrance-and-reflection-a-message-from-deborah-sturdy/?utm_campaign=Adult+Social+Care+Update+18.03.22&utm_content=dhsc-mail.co.uk&utm_medium=email&utm_source=Department+of+Health+and+Social+Care&wp-linkindex=4) |
| **Government to improve protections for people deprived of their liberty**People who have their freedoms restricted to help them receive the best care and treatment will be put at the centre of a new system designed to better protect their human rights. To inform this process, the Government has launched a consultation to update the Mental Capacity Act Code of Practice. This will identify better ways to support those with dementia, acquired brain injuries, learning disabilities and autism who may need assistance with their everyday decision-making but lack mental capacity to make decisions in their best interests. The consultation will close at 11.45pm on 7 July 2022.Respond to the consultation on GOV.UK <https://www.gov.uk/government/consultations/changes-to-the-mca-code-of-practice-and-implementation-of-the-lps?utm_campaign=Adult+Social+Care+Update+18.03.22&utm_content=dhsc-mail.co.uk&utm_medium=email&utm_source=Department+of+Health+and+Social+Care&wp-linkindex=7>  |

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| Date  | Topic | Website |
| 14 March | Government guidance**COVID-19: people with COVID-19 and their contacts**Added easy read version. | <https://www.gov.uk/government/publications/covid-19-people-with-covid-19-and-their-contacts?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=8b16f235-7e91-48bb-89ae-bc4b1e7fb6ef&utm_content=daily#full-publication-update-history>  |
| 14 March | Government guidance**Finding and choosing a private coronavirus (COVID-19) test provider**Updated the general list of providers. | <https://www.gov.uk/government/publications/list-of-private-providers-of-coronavirus-testing?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=b8702437-79d8-4bb1-9024-28f90c234545&utm_content=daily#full-publication-update-history>  |
| 14 March | Government News story**All COVID-19 travel restrictions removed in the UK**The government will remove the remaining COVID-19 international travel restrictions for all passengers from 4am Friday 18 March. | <https://www.gov.uk/government/news/all-covid-19-travel-restrictions-removed-in-the-uk?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=30f81c9d-ad66-43e7-933d-e096fc95492b&utm_content=daily>  |
| 14 March | Government guidance**Check if you qualify as fully vaccinated for travel to England: approved vaccines and proofs of vaccination**If you will arrive in England after 4am, Friday 18 March, you do not need to take any COVID-19 travel tests or fill in a UK passenger locator form. This will apply whether you are vaccinated or not. | <https://www.gov.uk/guidance/countries-with-approved-covid-19-vaccination-programmes-and-proof-of-vaccination?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=ca447d70-06d1-45a9-bd4a-10a5bdf3602b&utm_content=daily#full-publication-update-history>  |
| 14 March | Government guidance**Coronavirus (COVID-19) testing before you travel to England**If you will arrive in England after 4am, Friday 18 March, you do not need to take any COVID-19 travel tests or fill in a UK passenger locator form. This will apply whether you are vaccinated or not. | <https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=a991874e-1aa2-42ba-9f82-a0961cffa61e&utm_content=daily#full-publication-update-history>  |
| 14 March | Government guidance**Travel to England from another country during coronavirus (COVID-19)**If you will arrive in England after 4am, Friday 18 March, you do not need to take any COVID-19 tests or fill in a UK passenger locator form. | <https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=fce2298c-7e3f-4cd3-8827-2b8f4b877c1a&utm_content=daily#full-publication-update-history>  |

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| 15 March | Government guidance**Visiting arrangements in care homes**Updated section 1.3 to reflect regulations revoking vaccination as a condition of deployment came into force on 15 March 2022. People working or volunteering in care homes are no longer required to have received a COVID-19 vaccine to enter the premises. | <https://www.gov.uk/government/publications/visiting-care-homes-during-coronavirus?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=361dc705-13d0-4952-85de-e8cb3285de24&utm_content=daily#full-publication-update-history>  |
| 15 March | Government guidance**Coronavirus (COVID-19): providing home care**Easy read version updated to reflect changes in the self-isolation rules. | <https://www.gov.uk/government/publications/coronavirus-covid-19-providing-home-care?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=aa714ac5-c468-4108-b2a9-e4f3f38ae81a&utm_content=daily#full-publication-update-history>  |
| 15 March | Government guidance**COVID-19: infection prevention and control (IPC)**This further update seeks to clarify that the recommended use of PPE including RPE has not changed from previous versions of the guidance from 22 November 2021 | <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=11d788ff-a112-4103-bea1-e94221c802e4&utm_content=daily#full-publication-update-history>  |
| 15 March  | Government Press release**COVID-19 prevalence continues to decline across England but infection rates remain high**[Findings from the latest report](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMTUuNTQ5MzIyOTEiLCJ1cmwiOiJodHRwczovL3d3dy5nb3YudWsvZ292ZXJubWVudC9uZXdzL2NvdmlkLTE5LXByZXZhbGVuY2UtY29udGludWVzLXRvLWRlY2xpbmUtYWNyb3NzLWVuZ2xhbmQtYnV0LWluZmVjdGlvbi1yYXRlcy1yZW1haW4taGlnaCJ9.I4Yuxh7BX1jfQ9zwkj2sKLPBhFz0Il0KPBOQkqASMww/s/1509276145/br/128114087285-l) of the government-backed REACT-1, one of the largest studies into COVID-19 infections in England were published on 10 March. The UK Health Security Agency (UKHSA) says that COVID-19 prevalence continues to decline but infection rates remain high.Dr Jenny Harries, UKHSA Chief Executive, said:“This data confirms that cases have declined substantially following the peak of the Omicron wave. However, the increasing presence of the BA.2 sub-lineage of Omicron and the recent slight increase in infections in those over 55 shows that the pandemic is not over and that we can expect to see COVID-19 circulating at high levels.Vaccination remains the best way to protect us all from severe disease and hospitalisation due to COVID-19 infection.” | <https://www.gov.uk/government/news/covid-19-prevalence-continues-to-decline-across-england-but-infection-rates-remain-high>  |

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| 16 March | Government Official Statistics**Coronavirus and changing perceptions towards vaccination: England, 7 to 16 September 2021**Qualitative analysis of the motivations and barriers to vaccination among adults who previously declined, were unlikely to have or unsure about having a coronavirus (COVID-19) vaccine. | <https://www.gov.uk/government/statistics/coronavirus-and-changing-perceptions-towards-vaccination-england-7-to-16-september-2021?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=8d4ffb51-2d34-40be-8c07-f616f0b69c4f&utm_content=daily>  |
| 16 March | Government Official Statistics**Two years on: How has the coronavirus (COVID-19) pandemic changed people's daily lives?**Exploring the attitudes and behaviours of different social groups in relation to the coronavirus (COVID-19) pandemic, and feelings of returning to normal. | <https://www.gov.uk/government/statistics/two-years-on-how-has-the-coronavirus-covid-19-pandemic-changed-peoples-daily-lives?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=f8c60374-4555-4382-bbc6-158c9600e9dd&utm_content=daily>  |
| 16 March | Government guidance**COVID-19 vaccination: spring booster resources**Information on the spring booster dose for eligible individualsPeople aged 75 years and older, residents in care homes for older people, and those aged 12 years and over with a weakened immune system will be offered a spring booster of coronavirus (COVID-19) vaccine. Appointments will be available from the National Booking Service shortly. | <https://www.gov.uk/government/publications/covid-19-vaccination-spring-booster-resources?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=6a038a76-c0f4-4500-b613-425a6cc80338&utm_content=daily#full-publication-update-history>  |
| 16 March | Government Press release**Evusheld approved to prevent COVID-19 in people whose immune response is poor**The decision to grant approval for this treatment was endorsed by the government’s independent expert scientific advisory body, the Commission on Human Medicines, after carefully reviewing the evidence.Decision**Regulatory approval of Evusheld (tixagevimab/cilgavimab)**Information for healthcare professionals and the public about Evusheld | <https://www.gov.uk/government/news/evusheld-approved-to-prevent-covid-19-in-people-whose-immune-response-is-poor?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=a0d39ecd-fc30-405a-bc4d-6bd4d719b9d8&utm_content=daily> <https://www.gov.uk/government/publications/regulatory-approval-of-evusheld-tixagevimabcilgavimab?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=77fa4d19-76c1-4e71-8e27-d9b227e5e49c&utm_content=daily>  |
| 17 March | Government News story**National flu and COVID-19 surveillance reports published**Weekly national influenza and coronavirus (COVID-19) report, COVID-19 activity, seasonal flu and other seasonal respiratory illnesses. | <https://www.gov.uk/government/news/national-flu-and-covid-19-surveillance-reports-published?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=50dd9f68-3d8c-4c53-b4fc-3af76c8fa84d&utm_content=daily>  |
| Date  | Topic | Website |
| 17 March | Government collection**Mental Capacity (Amendment) Act 2019: Liberty Protection Safeguards (LPS)**Added links to the consultation on the proposed changes to the Mental Capacity Act Code of Practice and implementation of the Liberty Protection Safeguards. The government has opened a public consultation on proposed changes to the Mental Capacity Act Code of Practice, which includes guidance on the new LPS system. The consultation will run for 16 weeks from 17 March 2022 | <https://www.gov.uk/government/collections/mental-capacity-amendment-act-2019-liberty-protection-safeguards-lps?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=9f570c01-0a44-4b5b-b728-337834cc0931&utm_content=daily#full-publication-update-history>  |
| 17 March | Government guidance**Travel to England from another country during coronavirus (COVID-19)**You do not need to take any COVID-19 tests or quarantine on arrival in England, irrespective of your vaccination status. When you arrive in England from abroad you do not need to take any COVID-19 tests or fill in a UK passenger locator form. | <https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=0b7abb87-1b29-43a5-8c8b-1134db336bd8&utm_content=daily#full-publication-update-history>  |
| 17 March | Government guidance**Travel abroad from England during coronavirus (COVID-19)**Removing the COVID-19 testing and quarantine rules for returning to England. | <https://www.gov.uk/guidance/travel-abroad-from-england-during-coronavirus-covid-19?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=1318570e-f409-4f3e-9cf4-b801bbba6ea8&utm_content=daily#full-publication-update-history>  |
| 17 March | Government guidance**Coronavirus (COVID-19): safer air travel for passengers**Removing the COVID-19 testing and quarantine rules for returning to England. | <https://www.gov.uk/guidance/coronavirus-covid-19-safer-air-travel-guidance-for-passengers?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=de81395c-e006-4f4b-b8f9-485710551f26&utm_content=daily#full-publication-update-history>  |
| 17 March | Government guidance**Coronavirus (COVID-19): providing public health information to passengers travelling to or from England**There are currently no requirements to provide public health information to passengers travelling to England. | <https://www.gov.uk/government/publications/coronavirus-covid-19-requirements-to-provide-public-health-information-to-passengers-travelling-to-england?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=fbc1e1b0-32c0-4837-9d2e-514737ce34b8&utm_content=daily#full-publication-update-history>  |
| 17 March | Government guidance**Using your NHS COVID Pass for travel abroad and at venues and settings in England**Removed information about the passenger locator form, as people entering the UK no longer need to complete it. | <https://www.gov.uk/guidance/nhs-covid-pass?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=7dc71ec2-fb98-419d-a15e-b0a3a0ca65c2&utm_content=daily#full-publication-update-history>  |

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| Date  | Topic | Website |
| 18 March |  CQC Update**Vaccination as a condition of deployment across health and social care**The government has now revoked their regulation on vaccination as a condition of deployment (VCOD) in health and social care on Tuesday 15 March 2022. CQC shared a statement on their website about how this impacts their regulation of health and social care services The Department of Health and Social Care (DHSC) have published an FAQ document to support care providers and their teams with this legislative change.Their statement confirms that they will no longer require registered managers of care homes to show records of COVID-19 vaccination of staff and visiting professionals.  | Read their statement on their website <https://www.cqc.org.uk/guidance-providers/all-services/vaccination-condition-deployment-health-social-care-update>    |
| 18 March | Government guidance**COVID-19 vaccination: spring booster resources**Updated the 'If you have not had all your vaccinations' section in the spring booster guide and leaflet. | <https://www.gov.uk/government/publications/covid-19-vaccination-spring-booster-resources?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c6ebb1ce-27c2-4297-9ebb-c15382346751&utm_content=daily#full-publication-update-history>  |
| 19 March |  Guidance**The R value and growth rate**The R range for England is 1.1. to 1.4 and the growth rate range for England is +2% to +6% per day as of 18 March 2022.Feedback email address removed as no longer in use. | <https://www.gov.uk/guidance/the-r-value-and-growth-rate?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=889f331a-3744-4c9b-bb8e-013048f66dc4&utm_content=daily#full-publication-update-history>  |