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| **January 2023 – General Articles** | |
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|  | **Implementing our new regulatory approach**  We had previously shared that we would introduce our new regulatory approach in January 2023. Following a full review of our timeline we have decided this will not happen until later in 2023.  Earlier in 2022 we laid out our approach to how and when we would take the next steps in delivering our strategy. Following a review, we have shared an update on our website setting out the approach we will take in 2023  [**https://www.cqc.org.uk/news/our-revised-plan-and-approach-transformation**](https://www.cqc.org.uk/news/our-revised-plan-and-approach-transformation) |
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|  | **Under pressure: what will 2023 hold for the health and care system?**  As pressures on health and care services increased in 2022, The King's Fund's Chief Executive, Richard Murray, considers what the new year might have in store for the sector.  Read the blog |
| <https://www.kingsfund.org.uk/blog/2023/01/under-pressure-what-will-2023-hold-health-and-care-system?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=13687573_NEWSL_HMP%202023-01-03&dm_i=21A8,85DED,2NYYES,XDWD5,1> | |
|  | **The cost-of-living crisis: is the nation’s health paying the price?**  In this episode of The King's Fund podcast Anna Charles speaks to Torsten Bell, Chief Executive of the Resolution Foundation, Helen Barnard, Associate Director at the Joseph Rowntree Foundation, Marie Gabriel CBE, Chair of North East London Integrated Care System and Cormac Russell, Founding Director of Nurture Development, to find out how the cost-of-living crisis is impacting the nation’s health and wellbeing . |
| <https://www.kingsfund.org.uk/audio-video/podcast/cost-living-crisis-nations-health-paying-price?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=13705409_NEWSL_HWB_2023-01-09&dm_i=21A8,85R5T,2NYYES,XFR6K,1> | |
|  | **Archbishops’ Commission on Reimagining Care - Care and support reimagined: a national care covenant for England**  This report sets out three actions to realise a new vision for care and support: rethinking attitudes to care and support; rebalancing roles and responsibilities; and redesigning the social care system. The Commission, which was launched by the Archbishops of Canterbury and York in April 2021, calls for a national care covenant, developed through national dialogue, which sets out the roles and responsibilities of government, |
| communities, families and individuals. Key elements of the covenant proposed by the Commission are: investment in communities; a stronger role for the state; a new deal for unpaid carers; and a commitment to our responsibilities as actively engaged citizens.  <https://www.churchofengland.org/sites/default/files/2023-01/Care%20and%20Support%20Reimagined%20A%20National%20Care%20Covenant%20for%20England%20%28Full%29.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=13736324_NEWSL_HMP%202023-01-24&dm_i=21A8,86F0K,2NYYES,XJMNS,1> | |

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| **COVID-19 guidance and updates** | | |
| 2 January | Government Press release  **Back to school advice issued amid high levels of flu, COVID-19 and scarlet fever**  As pupils and students return to school following the Christmas break, UKHSA is reminding people that winter illnesses continue to circulate at high levels. | <https://www.gov.uk/government/news/back-to-school-advice-issued-amid-high-levels-of-flu-covid-19-and-scarlet-fever?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=4e9d6b96-3cfa-4c46-85f5-b1bf9da4e85d&utm_content=daily#full-publication-update-history> |
| 3 January | Government guidance – new publication  **COVID-19: enhanced genome sequencing for hospitalised patients returning from China**  Urgent public health message on coronavirus (COVID-19) hospitalised cases who have travelled from China in the preceding 14 days. | <https://www.gov.uk/government/publications/covid-19-enhanced-genome-sequencing-for-hospitalised-patients-returning-from-china?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c4d489fa-647e-4d5d-9123-cc1c43a02738&utm_content=daily> |
| 3 January | Government guidance  **Travel to England from another country during coronavirus (COVID-19)**  Check the COVID-19 rules for travel to England, including whether you need to take any tests. More information about COVID-19 testing requirements for travel from mainland China to England. | <https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=3f11a71d-e646-415b-944f-c2837e776532&utm_content=daily#full-publication-update-history> |
| 5 January | Government Official Statistics  **Prevalence of ongoing symptoms following coronavirus (COVID-19) infection in the UK: 5 January 2023**  Estimates of the prevalence of self-reported long COVID and associated activity limitation, using UK Coronavirus (COVID-19) Infection Survey data. | <https://www.gov.uk/government/statistics/prevalence-of-ongoing-symptoms-following-coronavirus-covid-19-infection-in-the-uk-5-january-2023?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=19755177-bd27-4987-9f50-9eab2da64d7a&utm_content=daily> |
| 5 January | Government guidance  **Travel to England from another country during coronavirus (COVID-19)**  New rules for travel from China come into force today. | <https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=84706c89-785e-47f5-9687-fb084f046c3d&utm_content=daily#full-publication-update-history> |
| 10 January | Government guidance  **COVID-19 vaccination: British Sign Language resources**  Added download link for the COVID-19 vaccination: women who are pregnant or breastfeeding BSL video.  Government guidance  **COVID-19 vaccination: women who are pregnant or breastfeeding**  Information for women who are pregnant or breastfeeding on coronavirus (COVID-19) vaccination. Added link to updated audio version of leaflet. | <https://www.gov.uk/government/publications/covid-19-vaccination-british-sign-language-resources?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=b826d643-4493-4185-8695-ad717b7339fe&utm_content=daily#full-publication-update-history>  <https://www.gov.uk/government/publications/covid-19-vaccination-women-of-childbearing-age-currently-pregnant-planning-a-pregnancy-or-breastfeeding?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=d3e4a19e-d012-488d-830b-a2ea5a453efe&utm_content=daily> |
| **COVID-19 guidance and updates continued** | | |
| 10 January | Written statement to Parliament  **Precautionary and temporary measures to improve COVID surveillance from China**  Measures introduced to improve the UK’s ability to detect potential new variants of COVID-19 from China. | <https://www.gov.uk/government/speeches/precautionary-and-temporary-measures-to-improve-covid-surveillance-from-china?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=1fc94dd8-522e-452c-ae58-5fde9d5e5a01&utm_content=daily> |
| 10 January | Press release  **UKHSA begins testing arrivals from China to enhance detection of new variants**  From this week, UKHSA launches a new COVID-19 surveillance programme, sequencing positive COVID-19 tests from a sample of passengers flying in from China to Heathrow. | <https://www.gov.uk/government/news/ukhsa-begins-testing-arrivals-from-china-to-enhance-detection-of-new-variants?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=d0427a46-81dd-4fbc-bf1b-36c08a3d4f36&utm_content=daily> |
| 10 January | Government Policy paper  **Free personal protective equipment (PPE) scheme**  The provision of free PPE for all health, social care and public sector workers for coronavirus (COVID-19) infection control, between 1 April 2021 and 31 March 2024. Updated to reflect the extension of the free PPE scheme to the end of March 2024 or until DHSC’s stocks are depleted (whichever is sooner). | <https://www.gov.uk/government/publications/free-personal-protective-equipment-ppe-scheme?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=88e0d7fa-111e-4bb4-8b4c-93653a21a1ac&utm_content=daily#full-publication-update-history> |
| 17 January | Government Press release  **COVID-19 PCR testing network scaled down**  From today, the Rosalind Franklin Laboratory will cease to process PCR tests for COVID-19 in response to reduced demand. | <https://www.gov.uk/government/news/covid-19-pcr-testing-network-scaled-down?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=e37d42a5-5eb7-4d49-9797-8a06a8681822&utm_content=daily> |
| 18 January | Government Official Statistics – new publication  **Coronavirus (COVID-19) Infection Survey, antibody data, UK**  Antibody data, by UK country and age, from the Coronavirus (COVID-19) Infection Survey. | <https://www.gov.uk/government/statistics/coronavirus-covid-19-infection-survey-antibody-data-uk?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=a8dc46f7-236f-42c0-addd-120f4f9b20ac&utm_content=daily> |
| 21 January | Government Official Statistics  **Vaccine effectiveness estimated using 2021 Census variables**  Estimates of COVID-19 vaccine effectiveness against hospitalisation and mortality, produced using 2021 Census data to adjust models. | <https://www.gov.uk/government/statistics/vaccine-effectiveness-estimated-using-2021-census-variables?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=4ef7b71f-c50b-4297-b4e9-db1eb78dfffd&utm_content=daily> |

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| **COVID-19 guidance and updates continued** | | |
| 22 January | Government Official Statistics – new publication  **International comparisons of causal factors impacting excess mortality before and during the coronavirus pandemic**  Comparisons of the causal factors that may result in all-cause and cause specific excess mortality before the coronavirus (COVID-19) pandemic and those that may have caused varying degrees of excess mortality across different countries since the pandemic started. | https://www.gov.uk/government/statistics/international-comparisons-of-causal-factors-impacting-excess-mortality-before-and-during-the-coronavirus-pandemic?utm\_medium=email&utm\_campaign=govuk-notifications-topic&utm\_source=d8313279-2b5f-473e-aa7d-6a5e34cd9f3d&utm\_content=daily |
| 25 January | Government guidance  **COVID-19 PPE guide for unpaid carers**  Updated to reflect the fact that carers no longer need to wear a face mask at all times, though they are advised to wear one in certain circumstances to minimise the risk of transmission of COVID-19 | <https://www.gov.uk/government/publications/covid-19-ppe-guide-for-unpaid-carers?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=874a6473-e956-4a34-83c8-857a5d86e663&utm_content=daily#full-publication-update-history> |
| 25 January | Government Press release  **JCVI advises an autumn COVID-19 vaccine booster**  JCVI makes interim recommendations to government on the COVID-19 vaccination programme for 2023.  Independent report  **COVID-19 vaccination programme for 2023: JCVI interim advice, 8 November 2022**  Statement setting out the interim advice from the Joint Committee on Vaccination and Immunisation (JCVI) on the COVID-19 vaccination programme for 2023. | <https://www.gov.uk/government/news/jcvi-advises-an-autumn-covid-19-vaccine-booster?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=e804957e-caaf-4c78-96df-1999ede8e9c3&utm_content=daily>  <https://www.gov.uk/government/publications/covid-19-vaccination-programme-for-2023-jcvi-interim-advice-8-november-2022?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=713ec674-4c73-4b73-be52-2a83b6e2c2ee&utm_content=daily> |
| 26 January | UK Health Security Agency Official Statistics  **Seasonal influenza and COVID-19 vaccine uptake in frontline healthcare workers: monthly data 2022 to 2023**  Data showing the number and proportion of frontline healthcare workers (HCWs) in England having seasonal influenza and COVID-19 vaccines. | <https://www.gov.uk/government/statistics/seasonal-influenza-and-covid-19-vaccine-uptake-in-frontline-healthcare-workers-monthly-data-2022-to-2023?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=ee5a9712-29dc-4a8f-b36d-f18707bf0385&utm_content=daily> |
| 26 January | UK Health Security Agency News story  **National flu and COVID-19 surveillance reports published**  Weekly national influenza and coronavirus (COVID-19) report, COVID-19 activity, seasonal flu and other seasonal respiratory illnesses. | <https://www.gov.uk/government/news/national-flu-and-covid-19-surveillance-reports-published?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=756db4aa-1bb5-4afd-9f05-1688f80b4e7d&utm_content=daily> |
| **COVID-19 guidance and updates continued** | | |
| 30 January | UK Health Security Agency Guidance  **COVID-19: guidance for people whose immune system means they are at higher risk**  Updated guidance for people aged 12 and over whose immune system means they are at higher risk of serious illness if they become infected with coronavirus (COVID-19). | <https://www.gov.uk/government/publications/covid-19-guidance-for-people-whose-immune-system-means-they-are-at-higher-risk?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=e459ff61-7645-4140-bebd-4e1421bd1981&utm_content=daily#full-publication-update-history> |
| 30 January | Department of Health & Social Care guidance  **COVID-19 PPE guide for adult social care services and settings**  This resource outlines personal protective equipment (PPE) advice for health and social care workers working in the community. Updated to reflect the fact that staff no longer need to wear a face mask at all times in social care services and settings, though they are advised to wear one in certain circumstances to minimise the risk of transmission of COVID-19. | <https://www.gov.uk/government/publications/covid-19-ppe-guide-for-adult-social-care-services-and-settings?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=61eb1d46-8608-491e-a197-e6cb14390524&utm_content=daily#full-publication-update-history> |

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| **Other Topics - updates** | | |
| 3 January | Government guidance  **Cost of Living Payment**  Guidance on getting an extra payment to help with the cost of living if you’re entitled to certain benefits or tax credits.  Added link to information about Cost of Living Payments during 2023 and 2024. | <https://www.gov.uk/guidance/cost-of-living-payment?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=34d04a43-34ca-4a87-affe-cb9b190a8c37&utm_content=daily#full-publication-update-history> |
| 3 January | East Sussex County Council**Citizens Advice**Winter Readiness training - coping with high energy bills and cold weather | <https://www.youtube.com/watch?v=Vf91pQDvJs0> |
| 3 January | Government Research and analysis  **Health Profile for England: 2021**  The fourth annual profile combining data and knowledge with information from other sources to give a broad picture of the health of people in England in 2021.  Added link to the user survey. | <https://www.gov.uk/government/publications/health-profile-for-england-2021?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=a5a1babc-984a-490e-bdfa-1a968bc60d93&utm_content=daily#full-publication-update-history> |

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| **Other Topics – updates continued** | | |
| 5 January | Government Statutory guidance  **Modern slavery: how to identify and support victims**  Describes the signs that someone may be a victim of modern slavery, the support available to victims, and the process for determining whether someone is a victim.  Updated version of guidance published to reflect a number of changes.  Updates to the financial support rates and guidance in paragraphs 15.54, 15.55, and 15.58 of the Financial Support section in Annex F. | <https://www.gov.uk/government/publications/modern-slavery-how-to-identify-and-support-victims?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=5a312b16-02a7-4c98-b392-59dd08b6bfff&utm_content=daily#full-publication-update-history> |
| 5 January | Government guidance  **Adult Social Care Discharge Fund**  These documents set out further detail on how the £500 million Adult Social Care Discharge Fund will be distributed, as well as conditions governing its use.  Changed 1% to 2% where previously Addendum and Annex B stated 'Local areas may use up to 1% of their total allocation (local authority and ICB) for reasonable administrative costs associated with distributing and reporting on this funding.' | <https://www.gov.uk/government/publications/adult-social-care-discharge-fund?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=ad77ba71-b08d-4e83-a679-b4c31539256d&utm_content=daily#full-publication-update-history> |
| 5 January | Government guidance  **Emerging infections: characteristics, epidemiology and global distribution**  Information on the reasons behind human infectious disease emergence, including a timeline and a global map.  Updated guidance. | <https://www.gov.uk/government/publications/emerging-infections-characteristics-epidemiology-and-global-distribution?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=9589b1b2-5fe1-4d2c-9f53-41193381a8c3&utm_content=daily#full-publication-update-history> |
| 6 January | Government Guidance **Information for drivers with diabetes** Information on what drivers with different types of diabetes need to tell DVLA by law. | <https://www.gov.uk/government/publications/information-for-drivers-with-diabetes?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=f05409ef-6253-4507-a562-68d8f7f166a5&utm_content=daily> |
| 9 January | Government Policy paper **Adult social care winter statement 2022 to 2023** How the government is supporting the adult social care sector this winter. | <https://www.gov.uk/government/publications/adult-social-care-winter-statement-2022-to-2023> |
| 10 January | Oral statement to Parliament  **Oral statement on new discharge funding and NHS winter pressures**  The Secretary of State for Health and Social Care Steve Barclay updated on what the government is doing to help the NHS deal with immediate winter pressures. | <https://www.gov.uk/government/speeches/oral-statement-on-new-discharge-funding-and-nhs-winter-pressures?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=2d2154b7-4dfd-4e68-ba42-c918c7b2ce52&utm_content=daily> |

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| **Other Topics – updates continued** | | |
| 10 January | Government guidance- new publication  **Healthy eating: applying All Our Health**  Evidence and information for health and care professionals and the wider public health workforce to promote the benefits of a healthy, balanced diet. | <https://www.gov.uk/government/publications/healthy-eating-applying-all-our-health?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=572af02c-838c-4f5c-b1e9-88c180c673f5&utm_content=daily> |
| 11 January | Government guidance – new publication  **Cost of living – student finance support**  We recognise that you and other members of your household might be experiencing additional stress, anxiety, or financial strains due to the current cost of living pressures. To help, we’ve created this guide on how to make sure you’re getting the maximum student finance support you’re entitled to and to direct you to any extra support you may need during your studies. | <https://www.gov.uk/guidance/cost-of-living-student-finance-support?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=eddba7b0-3566-4d2f-a76f-04c0d2755dc9&utm_content=daily> |
| 25 January | Government guidance  **UK transition from analogue to digital landlines**  What the retirement of analogue phone lines, also known as the Public Switched Telephone Network (PSTN), means for you.  Updated Ofcom link in 'Vulnerable customers' section. | <https://www.gov.uk/guidance/uk-transition-from-analogue-to-digital-landlines?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c053ccd4-52e4-4ec1-951f-851db177054f&utm_content=daily> |
| 30 January | Government Statutory guidance  **Modern slavery: how to identify and support victims**  Describes the signs that someone may be a victim of modern slavery, the support available to victims, and the process for determining whether someone is a victim.  Updated the guidance, including updates to Annex E, the glossary and the Victim's Journey. | <https://www.gov.uk/government/publications/modern-slavery-how-to-identify-and-support-victims?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=acc23f6f-0d2b-4a15-aa37-00727ed17bfe&utm_content=daily#full-publication-update-history> |