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| **March 2024 – General Articles** | |
|  | **Institute for Fiscal Studies - The past and future of NHS waiting lists in England** This report discusses the past and future of NHS waiting lists. It outlines five key facts about past NHS waiting list performance, including pre-pandemic trends, changes during the pandemic and regional variation. It also describes a range of scenarios for what could happen to NHS waiting lists over the next four years under different assumptions. |
| <https://ifs.org.uk/sites/default/files/2024-02/The-past-and-future-of-NHS-waiting-lists-in-England-IFS-report-R302.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14370847_NEWSL_HMP_Library%202024-03-05&dm_i=21A8,8K0M7,2NYYES,ZFCT3,1> | |
|  | **Health and Social Care Select Committee - Assisted dying/assisted suicide** This report covers: parliament and the current law; the government's role in the debate; international examples of jurisdictions where assisted dying/assisted suicide is available in some form; the involvement of physicians and assessments of eligibility and capacity to give informed consent; and palliative and end-of-life care. |
| It identifies the pursuit of high-quality compassionate end-of-life care as a common theme in the evidence received, as well as agency and control for the person dying. Read more here: <https://committees.parliament.uk/committee/81/health-and-social-care-committee/news/200140/mps-publish-report-on-assisted-dyingassisted-suicide/?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14370847_NEWSL_HMP_Library%202024-03-05&dm_i=21A8,8K0M7,2NYYES,ZF65K,1> | |
|  | **Healthwatch England - What patients want: a vision for the NHS in 2030** Using experiences of care from more than 10 million people collected over the past 10 years, Healthwatch sets out where they think the NHS should be in six years and how it can get there. Read the report: |
| - <https://www.healthwatch.co.uk/sites/healthwatch.co.uk/files/20240229%20%20-%20What%20patients%20want%20-%20a%20vision%20for%20the%20NHS%20in%202030_0.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14370847_NEWSL_HMP_Library%202024-03-05&dm_i=21A8,8K0M7,2NYYES,ZFNHT,1> | |

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| **March 2024 – General Articles** | |
|  | **The King’s Fund annual Social Care 360 long read analysing the 12 key trends in adult social care in England.**  Analysis revealed that in 2022/2023 there was a 2% increase in those who received care compared to the previous year. Does this mean that social care has turned a corner? Despite this slight shift in trend, our long read finds that there is little sign of real change. |
| From vacancy numbers to user satisfaction, delve into the data to explore the big issues and long-term trends in social care Find out more: -.<https://www.kingsfund.org.uk/insight-and-analysis/long-reads/social-care-360?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14377787_MKPUB_SC360_13032024&utm_content=Intext_SC360&dm_i=21A8,8K5YZ,2NYYES,ZFUGL,1> | |
|  | **Counting the Cost of NHS Strikes**  NHS strikes have become such a familiar feature of our lives over the past two years that there is a risk we can become inured to their impact. Here then, is a reminder of the different ways in which strikes can impact the NHS and the people it serves. Read more here: |
| <https://www.kingsfund.org.uk/insight-and-analysis/blogs/counting-cost-nhs-strikes?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14367278_NEWSL_Weekly%20Update_010324&utm_content=Button_strikes&dm_i=21A8,8JXV2,2NYYES,ZERTB,1> | |
|  | **Centre for Mental Health - Mental health in later life: understanding needs, policies and services in England** This briefing summarises evidence about the mental health of older people in England. It finds that ageist attitudes underpin a system that discriminates against older people, while fatalistic assumptions about what people can expect for their mental health in later life undermine the provision of effective support to promote wellbeing, prevent mental ill health, and treat mental health difficulties. |
| The briefing finds that while older people may possess many protective factors for good mental health, they face numerous risk factors, including poorer physical health, reduced mobility and, for some, poverty and racism. Read more here: - <https://www.centreformentalhealth.org.uk/wp-content/uploads/2024/03/CentreforMH_MentalHealthInLaterLife-1.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14380165_NEWSL_HMP_Library%202024-05-12&dm_i=21A8,8K7T1,2NYYES,ZGE5Y,1> | |
| AA Product Reviews, Ratings & More - Times Money Mentor | **Time for a spring clean - Combat the ravages of winter for a car that's good as new** Why bother? If you only clean your car once a year, whether it needs it or not, then spring's the best time. The interior could have been damp for most of the winter, thanks to wet shoes and clothes. And the outside's been attacked by salt-laden mud, which causes rust if left. Find out what you should do here:- <https://www.theaa.com/driving-advice/seasonal/spring> |

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| **March 2024 – General Articles** | | |
| SCA and Heart Attack: Anyone Can Help | **Zoll – Its not a heart attack** The annual occurrence of out-of-hospital cardiac arrest in the UK is nearly 55 per 100,000 people.1 It begins with a sudden collapse, and tragically few survive.  This is sudden cardiac arrest.  It is a common misunderstanding that sudden cardiac arrest (SCA) and a heart attack are the same thing. Knowing the differences between these diseases and how to take immediate action is essential to maximising a victim's chance of survival. When either SCA or a heart attack occurs, it's imperative you call local emergency services and then step in to help right away.  Make sure anyone can help. Read the infromation below: - | |
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| **March 2024 – General Articles** | |
| Home | Nuffield Trust | **Nuffield Trust - Preventing people with a learning disability from dying too young**  Around 1.3 million people in England have a learning disability and may need more support to stay in good health. This report examines whether they are able to access the services they are entitled to in order to prevent illness. It looks at a set of five key preventive health care services and functions to understand whether they are working as they should for people with a learning disability. Read the report here: - |
| <https://www.nuffieldtrust.org.uk/sites/default/files/2024-03/Nuffield%20Trust%20-%20Learning%20disability_WEB_FINAL_1.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14388098_NEWSL_HMP_Library%202024-03-15&dm_i=21A8,8KDXE,2NYYES,ZHD1E,1> | |
| Home | Nuffield Trust | **Nuffield Trust - What health and care need from the next government: NHS staffing** Nuffield Trust is publishing a series of briefings that challenge the NHS and social care manifesto commitments of UK political parties ahead of the approaching general election. The first in the series looks at NHS staffing, setting out a series of policy ‘tests’ that the next government must meet to address some of the longstanding issues to attracting, training and retaining the mix of staff needed to meet the needs of the population. Read more here: - |
| <https://www.nuffieldtrust.org.uk/sites/default/files/2024-03/Nuffield%20Trust%20-%20General%20election%20-%20workforce%20test_WEB.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14380165_NEWSL_HMP_Library%202024-05-12&dm_i=21A8,8K7T1,2NYYES,ZGEDU,1> | |
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| **Infection Prevention guidance and updates** | | |
| 1 March | Department of Health & Social Care Guidance  **Infection prevention and control in adult social care settings**  Infection prevention and control (IPC) principles for adult social care settings in England, to be used with guidance on managing specific infections.  Updated broken links in both guidance documents. | <https://www.gov.uk/government/publications/infection-prevention-and-control-in-adult-social-care-settings?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=997babd8-2c71-4eb6-b74a-29dac3c2b63f&utm_content=daily#full-publication-update-history> |
| 7 March | Department of Health & Social Care Collection **Monthly statistics for adult social care (England)** Official statistics on a range of topics including infection control measures, COVID-19 vaccinations, flu vaccinations and testing for COVID-19 in adult social care settings. | <https://www.gov.uk/government/collections/monthly-statistics-for-adult-social-care-england?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=9c88c16b-8493-4e1e-b6f7-47d16d4f36a4&utm_content=daily> |
| 7 March | UK Health Security Agency Press release **Whooping cough infections rise** 553 new cases of whooping cough confirmed in January. | <https://www.gov.uk/government/news/whooping-cough-infections-rise?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=ccd6fb59-7011-4700-9035-0a86051720e4&utm_content=daily> |
| 8 March | UK Health Security Agency Press release  **Further HIV progress needed among heterosexual women**  Professor Susan Hopkins, UKHSA’s Chief Medical Adviser, is calling for more awareness on International Women's Day 2024. | <https://www.gov.uk/government/news/further-hiv-progress-needed-among-heterosexual-women?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=cbf3c4c1-8cf5-4a06-8d6e-8cc7f5d84f68&utm_content=daily> |
| 8 March | UK Health Security Agency Guidance  **National measles guidelines**  How to manage cases of suspected measles: what patient details to take, who to notify and assessing risk of disease spreading in close contacts  Added translations of the warn and inform letters and factsheets. | <https://www.gov.uk/government/publications/national-measles-guidelines?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=5286efd7-b018-4a42-a698-c752cb894635&utm_content=daily#full-publication-update-history> |
| 8 March | UK Health Security Agency and Department of Health and Social Care Guidance  **Infection prevention and control in adult social care: acute respiratory infection**  Infection prevention and control measures to reduce the spread of viral acute respiratory infections (ARIs), including COVID-19, in adult social care settings.  Updated information on termination of testing services. | <https://www.gov.uk/government/publications/infection-prevention-and-control-in-adult-social-care-acute-respiratory-infection?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=f078f460-a57d-48ac-87dc-19144d80f4bc&utm_content=daily#full-publication-update-history> |
| 12 March | UK Health Security Guidance  **National flu immunisation programme 2024 to 2025 letter**  Updated 12 March 2024 | <https://www.gov.uk/government/publications/national-flu-immunisation-programme-plan-2024-to-2025> |

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| **Infection Prevention guidance and updates continued…** | | |
| 13 March | UK Health Security Agency Press release  **New research to develop vaccines against deadly henipaviruses**  The aim is to develop a vaccine that provides cross-protection against the whole genus, addressing outbreaks, and enhancing epidemic preparedness. | <https://www.gov.uk/government/news/new-research-to-develop-vaccines-against-deadly-henipaviruses?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=60308403-db88-4e4f-8255-4220898ff270&utm_content=daily> |
| 14 March | UK Health Security Agency News story  **UKHSA and ONS release latest Winter COVID-19 Infection Study Data**  UKHSA and ONS have today published the latest data from the Winter Coronavirus (COVID-19) Infection Study, known as the Winter CIS. | <https://www.gov.uk/government/news/ukhsa-and-ons-release-latest-winter-covid-19-infection-study-data?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=606a4075-1e51-4a82-983c-890f076ae69c&utm_content=daily> |
| 18 March | UK Health Security Agency Guidance  **A guide to the spring 2024 COVID-19 vaccination campaign**  People aged 75 years and older, residents in care homes for older people, and those aged 6 months and over with a weakened immune system will be offered a dose of COVID-19 vaccine this spring. | <https://www.gov.uk/government/publications/covid-19-vaccination-spring-booster-resources/a-guide-to-the-covid-19-spring-booster-2023> |
| 19 March | UK Health Security Agency Guidance new publication  **Avian influenza (bird flu): advice for the public on staying safe**  This guidance gives advice to the public on how to keep themselves safe from catching avian influenza from wild birds by minimising contact with them. | <https://www.gov.uk/government/publications/avian-influenza-bird-flu-advice-for-the-public-on-staying-safe/avian-influenza-bird-flu-advice-for-the-public-on-staying-safe-by-minimising-contact-with-wild-birds> |
| 20 March | UK Health Security Agency Press release  **86% of parents rank NHS staff most trusted on vaccine information**  UKHSA publishes its annual survey of parents to understand attitudes towards the childhood immunisation programme.  UK Health Security Research and analysis  **Childhood vaccines: parental attitudes survey 2023**  Findings from the 2023 attitudinal survey of parental attitudes to childhood vaccines. | <https://www.gov.uk/government/news/86-of-parents-rank-nhs-staff-most-trusted-on-vaccine-information?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=67009cd8-ad75-4ce4-a1df-7cc0f80f92da&utm_content=daily>  <https://www.gov.uk/government/publications/childhood-vaccines-parental-attitudes-survey-2023?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=3a98cc7c-0967-492a-95ba-9a1e181feafc&utm_content=daily> |

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| **Infection Prevention guidance and updates continued…** | | |
| 20 March | UK Health Security Agency Guidance  **National measles guidelines**  How to manage cases of suspected measles: what patient details to take, who to notify and assessing risk of disease spreading in close contacts.  Added the easy read warn and inform letter. | <https://www.gov.uk/government/publications/national-measles-guidelines?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=7b9a42a0-8bc9-46e6-a4e3-b25cc02d2377&utm_content=daily#full-publication-update-history> |
| 21 March | UK Health Security Agency Press release  **Travel-associated infections approaching pre-pandemic levels**  UKHSA is reminding travellers of steps they can take to reduce the risk of infections. | <https://www.gov.uk/government/news/travel-associated-infections-approaching-pre-pandemic-levels?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=cbe00514-c6bd-404d-bdc0-81646bfb297d&utm_content=daily> |
| 25 March | UK Health Security Agency Guidance  **Infection prevention and control (IPC) in adult social care: acute respiratory infection (ARI)**  Updated 25 March 2024 | <https://www.gov.uk/government/publications/infection-prevention-and-control-in-adult-social-care-acute-respiratory-infection/infection-prevention-and-control-ipc-in-adult-social-care-acute-respiratory-infection-ari> |
| 25 March | UK Health Security Agency Guidance  **COVID-19: testing from 1 April 2024**  Explains testing from 1 April 2024 onwards and sets out the purpose of ongoing testing, who will be eligible to access testing and when tests should be used. | <https://www.gov.uk/guidance/covid-19-testing-from-1-april-2024?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=977d0bb6-6e91-4a4e-92b1-975e75739c90&utm_content=daily> |
| 28 March | Official Statistics First Publication  **Winter Coronavirus (COVID-19) Infection Study, England and Scotland: 28 March 2024**  Percentage of people testing positive for coronavirus (COVID-19) in private residential households in England and Scotland, including regional, age and sex breakdowns and corresponding confidence intervals. In addition, symptoms and health outcomes associated with COVID-19 and other respiratory infections. | <https://www.gov.uk/government/statistics/winter-coronavirus-covid-19-infection-study-england-and-scotland-28-march-2024?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=df0a9039-5dcc-42dc-ae93-2d440d123475&utm_content=daily> |
| 28 March | UK Health Security Agency Guidance News story  **Latest measles statistics published**  Regular measles statistics updates issued by the UK Health Security Agency (UKHSA).  Updated the content | <https://www.gov.uk/government/news/latest-measles-statistics-published?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c420928b-4a12-42dd-b9a6-87670dd4d11f&utm_content=daily> |

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| **Other Topics - updates** |

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| 5 March | Department of Health & Social care Guidance  **Pressure ulcers: how to safeguard adults**  How to respond to individuals at risk of developing pressure ulcers, prevent harm where they occur and raise a safeguarding concern.  Updated guidance and appendices to reflect NHS England's 'Pressure ulcer recommendations and clinical pathway' guidance, developed under the National Wound Care Strategy Programme. | <https://www.gov.uk/government/publications/pressure-ulcers-how-to-safeguard-adults?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=73a1257f-6afc-4684-bed5-7301bd5c711d&utm_content=daily#full-publication-update-history> |
| 5 March | UK Health Security Agency Guidance  **Tick awareness and the Tick Surveillance Scheme**  Information about UK Health Security Agency's tick awareness resources and how to take part in the Tick Surveillance Scheme.  Added a link to the UKHSA privacy policy. | <https://www.gov.uk/guidance/tick-surveillance-scheme?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=fc76aecb-b7c2-4f59-975e-93bc3bc89e8f&utm_content=daily#full-publication-update-history> |
| 6 March | HM Treasury News story  **Chancellor delivers lower taxes, more investment and better public services in ‘Budget for Long Term Growth’**  ‘Budget for Long Term Growth’ sticks to the plan by delivering lower taxes, better public services and more investment, while increasing size of economy by 0.2% in 2028-29 and meeting fiscal rules – taking the long-term decisions needed to build a brighter future.  . | <https://www.gov.uk/government/news/chancellor-delivers-lower-taxes-more-investment-and-better-public-services-in-budget-for-long-term-growth> |
| 6 March | HM Treasury Policy paper  **Spring Budget 2024: Personal Tax Factsheet**  This factsheet sets out the changes being made to National Insurance and the High Income Child Benefit Charge announced at Spring Budget 2024. | <https://www.gov.uk/government/publications/spring-budget-2024-personal-tax-factsheet?&utm_source=emp_email_sb24&utm_medium=stk_email> |
| 6 March | HM Revenue & Customs Policy paper  **Changes to the High Income Child Benefit Charge​**  Find out more about changes to the High Income Child Benefit Charge that were announced at Spring Budget 2024, and what this means for Child Benefit payments​. | <https://www.gov.uk/government/publications/changes-to-the-high-income-child-benefit-charge?&utm_source=emp_email_sb24&utm_medium=stk_emai> |

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| **Other Topics – updates continued…..** |

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| 11 March | Department for Work and Pensions Guidance  **Universal Credit if you have a disability or health condition**  The support that is available for Universal Credit claimants who have a disability or health condition.  Added that you usually need to wait 3 assessment periods before getting the limited capability for work and related activity (LCWRA) amount.  Removed information that was duplicated, and instead linked to: [www.gov.uk/health-conditions-disability-universal-credit](http://www.gov.uk/health-conditions-disability-universal-credit) | <https://www.gov.uk/government/publications/universal-credit-if-you-have-a-disability-or-health-condition-quick-guide?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c0cd5f28-2644-4dab-86b5-36b45e8465b3&utm_content=daily#full-publication-update-history> |
| 13 March | UK Health Security Agency Guidance  Adverse Weather and Health Plan  The Adverse Weather and Health Plan aims to protect individuals and communities from the health effects of adverse weather and to build community resilience.  Added easy-read versions of main guidance and user guide. | <https://www.gov.uk/government/publications/adverse-weather-and-health-plan?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=6dc7f88d-85f7-4d0d-a421-d04f88b5d71b&utm_content=daily#full-publication-update-history> |
| 13 March | UK Health Security Agency Guidance new publication  **Flooding and health: public advice**  Public advice on flood recovery and mental health impacts.  This guidance provides advice for everyone on how to keep you and your family safe while cleaning up your home affected by flooding. | <https://www.gov.uk/government/publications/flooding-and-health-public-advice/flooding-and-health-advice-for-the-public> |
| 13 March | UK Health Security Agency Guidance  **Public health impact of drought: advice for the public**  Information on the potential health impacts of drought in England and the measures that people can take to stay healthy during these events.  Added easy-read, sign-language and translated versions of guidance. | <https://www.gov.uk/guidance/public-health-impact-of-drought-advice-for-the-public?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=0c7a6f92-804a-4c22-b156-d61de42f2fbf&utm_content=daily#full-publication-update-history> |
|  | UK Health Security Agency Guidance  **Beat the heat: hot weather advice**  Information on how to stay safe in hot weather, including how to keep your home cool.  Added easy-read versions and translations of guidance and sign-language videos of 'Keep cool at home checklist', 'Stay safe in hot weather' and poster. | <https://www.gov.uk/government/publications/beat-the-heat-hot-weather-advice?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=2241b52c-4ab9-4f6b-a1d1-05fb4098d9bb&utm_content=daily#full-publication-update-history> |
|  | UK Health Security Agency Guidance  **Keeping warm and well: staying safe in cold weather**  Advice on staying well in cold weather, covering issues such as financial help, healthy lifestyle, flu vaccinations and heating.  Added easy-read, sign-language and translated versions of advice. | <https://www.gov.uk/government/publications/keep-warm-keep-well-leaflet-gives-advice-on-staying-healthy-in-cold-weather?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=bb153c5b-0e14-4262-9ff4-9e6aa37c0e7a&utm_content=daily#full-publication-update-history> |

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| **Other Topics – updates continued…** |

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| 18 March | UK Visas and Immigration Guidance  **Using your UK Visas and Immigration account**  Information on using your UK Visas and Immigration (UKVI) account to prove your rights in the UK and keep your details up to date.  Added bullet to say you'll have a UKVI account if you created one to get access to an eVisa (an online record of your immigration status). | <https://www.gov.uk/guidance/using-your-uk-visas-and-immigration-account?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=eefeac36-c74d-4d7a-9acf-3212cb0f1ab7&utm_content=daily> |