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| **July 2024 – General Articles** |
|  | **Sepsis is a term we’ve probably all heard of, but how many of us would recognise the signs and symptoms if we needed to?**In recognition of World Sepsis Day on Friday 13th September and to raise awareness, we would like to invite you to a ‘lunch and learn’ session. Each branch will be running a relaxed teaching session from 11am – 1pm. Lunch will be provided but please do inform us of any allergies or dietary requirements. By attending the session, you will come away with a deeper understanding of what sepsis is, what to look out for and what causes it. You will also leave with a certificate of attendance which can be added to your professional development portfolio if you keep one. To reserve your place, please email beckycrowhurst@unitycaresolutions.co.uk and notify us of any allergies or dietary requirements. |
| National Highways Scheme Delivery Framework (SDF) - Tilbury Douglas | **Don't miss our T.R.I.P advice!**As we enjoy the summer months, many of you will be getting ready for a holiday or trip away. You’ll likely be using the motorway or A-roads at some point on your journey, so it’s important that you know about T.R.I.P.  |
| T.R.I.P helps you remember the correct safety checks and preparation you need o do before a long journey. **It stands for:** **T** - Top up on [fuel, oil and screen wash.](https://links-2.govdelivery.com/CL0/https%3A//nationalhighways.co.uk/road-safety/how-to-check-your-vehicle//1/01010191039ae887-07b152fc-2d87-4333-9e61-22b504a55649-000000/sVhSzf-u5SWYZGmLOX-h9G4E2Y0EoIf8CCpN_MNH-vw%3D363) **R** - Rest for 15 minutes every 2 hours  **I** - Inspect [tyre pressure and tread.](https://links-2.govdelivery.com/CL0/https%3A//nationalhighways.co.uk/road-safety/how-to-check-your-vehicle//3/01010191039ae887-07b152fc-2d87-4333-9e61-22b504a55649-000000/gEohrPd6mShGp8HHON_3NpVBVovhwZ_8agAnjgRZT_Q%3D363)  **P** - Prepare for adverse weather. To read the guidance visit the website <https://nationalhighways.co.uk/road-safety/trip/>  |
| Who are the CQC anyway? Regulation in Healthcare. - Health Academy | **Care Quality Commission - Review into operational effectiveness**['Significant failings'](https://links-1.govdelivery.com/CL0/https%3A//www.gov.uk/government/news/government-acts-after-report-highlights-failings-at-regulator/1/0100019103bb29a1-5f8ceb16-f585-4497-a979-33bd72642a2d-000000/cC0AELasx92f_Q_LqNYbGu70lYeSh2L-rYbL0edhPZQ%3D363) were found at the health and social care regulator, Care Quality Commission (CQC) according to a [review of its operational effectiveness](https://links-1.govdelivery.com/CL0/https%3A//www.gov.uk/government/publications/review-into-the-operational-effectiveness-of-the-care-quality-commission/1/0100019103bb29a1-5f8ceb16-f585-4497-a979-33bd72642a2d-000000/1l6ufqI4TyZtMagkeJ57MoFe_UXTpI6WTR7uetPGPe4%3D363) published on 26 July. |
| This interim report, led by Dr Penny Dash, chair of the North West London Integrated Care Board, found:• inspection levels still well below where they were pre-COVID-19• lack of clinical expertise among inspectors• lack of consistency in assessments• problems with CQC’s IT systemThe government says it will now increase the level of oversight of the CQC ahead of a full report by Penny Dash to be published in the autumn.To read CQC’s response to the interim review visit the website <https://www.cqc.org.uk/news/stories/response-interim-findings-dash-review>  |

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| **July 2024 – General Articles** |
|  | **The Food Foundation****A neglected generation: reversing the decline in children’s health in England.**This report highlights the importance of children’s dietary health for ensuring their wellbeing. It argues that a lack of policies focused on this area to date has caused the deterioration of children’s overall health.  |
| It challenges all political parties to commit to new measures in this area to ensure that children can grow up healthy and well-nourished. <https://foodfoundation.org.uk/sites/default/files/2024-06/TFF_Children%27s%20Health%20Report.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14552243_NEWSL_HWB_2024-07-08&dm_i=21A8,8NWKZ,CKEBDC,ZYC7S,1>  |
|  | **Podcast – Let’s talk about social prescribing**What is social prescribing? How does it interact with other health and care services and what does it aim to achieve? In our latest podcast episode, Siva Anandaciva sits down with Heather Henry and Edward Rosen to find out. Listen here: - |
| <https://www.kingsfund.org.uk/insight-and-analysis/podcast/let-s-talk-about-social-prescribing?utm_source=wu&amp;utm_medium=email&amp;utm_campaign=14587547_NEWSL_WeeklyUpdate_29072024&amp;utm_content=Button_podcast> |
|  | **Realising the potential of integrated care systems - Developing system-wide solutions to workforce challenges** Integrated care systems (ICSs) were created to increase collaboration in the health and social care sector and to enable the NHS, local authorities and other partners to take collective responsibility for improving health outcomes, reducing inequalities, delivering better value for money, and driving local social and economic development. |
| This research examines the development of ICSs by assessing their efforts to develop system-wide approaches to the recruitment, training and retention of staff. The findings are based on 24 in-depth interviews with local leaders in four case study sites plus a series of online workshops. Read more by going to the link.<https://www.kingsfund.org.uk/insight-and-analysis/reports/integrated-care-systems-workforce?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14578883_NEWSL_WeeklyUpdate_220724&utm_content=Button_ICSWorkforce&dm_i=21A8,8OH4Z,2NYYES,10116G,1>  |

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| **July 2024 – General Articles** |
| Image result for nmc | **More nurses, midwives and nursing associates in the UK than ever before - latest Annual data report, March 2024**There are more nurses, midwives and nursing associates on the NMC register than ever: 826,418. That’s an increase of 37,723 (4.8 percent) compared to the same period last year, and 128,184 (18.4 percent) over the last five years. This includes 765,051 nurses (+4.6 percent since 2023); 44,125 midwives (+5.8 percent); and 10,881 nursing associates (+16.6 percent). There are also 6,361 dual registrants who are both a nurse and midwife (-2.5 percent). Read more here: -  |
| <https://www.nmc.org.uk/news/news-and-updates/more-nurses-midwives-and-nursing-associates-in-the-uk-than-ever-before/?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14577978_NEWSL_HMP_Library%202024-07-23&dm_i=21A8,8OGFU,2NYYES,101GIM,1>  |
|  | **Turning point for social care as the sector launches a Workforce Strategy - 18 Jul 2024**The launch of a new Workforce Strategy for adult social care in England is being hailed as a turning point for care – as new data shows the sector still has a vacancy rate around three times higher than the wider economy. The Workforce Strategy aims to improve the quality of roles in adult social care, ensuring that the sector can attract and keep enough people with the right skills and values to provide the best possible care and support for the people who draw on it. Read more here: - |
| <https://www.skillsforcare.org.uk/news-and-events/news/turning-point-for-social-care-as-the-sector-launches-a-workforce-strategy?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14577978_NEWSL_HMP_Library%202024-07-23&dm_i=21A8,8OGFU,2NYYES,101GWZ,1>  |
| Image result for uk covid inquiry | **What is the UK Covid-19 Inquiry?**The UK Covid-19 Inquiry has been set up to examine the UK’s response to and impact of the Covid-19 pandemic, and learn lessons for the future. The Inquiry’s work is guided by its Terms of Reference. Read more here: -<https://covid19.public-inquiry.uk/> Oral statement to Parliament**Covid-19 Inquiry Module One: Oral Statement**The Rt Hon Pat McFadden MP, Chancellor of the Duchy of Lancaster's response to the Module One Report of the Covid-19 Inquiry.<https://www.gov.uk/government/speeches/covid-19-inquiry-module-one-oral-statement?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=5965632d-4151-44af-ac6b-e0839bf3aabb&utm_content=daily>  |
| Association of Directors of Adult Social Services (ADASS) | ESN | **ADASS spring survey 2024**People are needing more complex care and support due to illness and disability, but local councils are struggling financially to meet people’s higher-level needs. So says the latest annual survey from the Association of Directors of Adult Social Services (ADASS).Melanie Williams, President of ADASS, said: “This report shows an unsustainable and worrying picture for the 4 out of 5 of us needing adult social care in the future and sends a clear message that we can’t keep doing more of the same.” Read the report: - |
| <https://www.adass.org.uk/wp-content/uploads/2024/07/ADASS-Spring-Survey-2024-FINAL-1.pdf>  |
| **July 2024 – General Articles** |
| Centre for Mental Health logo | **A dual crisis - The hidden link between poverty and children’s mental health**Living in poverty has a devastating impact on children’s mental health. Money and mental health are inextricably linked; not having enough money leads to parental stress and guilt, which has a knock-on impact on children over the course of their lives. In partnership with the Children and Young People’s Mental Health Coalition and Save the Children UK, this report explores the impact of poverty and benefit conditionality on families’ mental health.<https://www.centreformentalhealth.org.uk/publications/a-dual-crisis/?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14585161_NEWSL_HMP_Library%202024-07-26&dm_i=21A8,8OLZD,2NYYES,101Y19,1>  |
| Healthwatch England - YouTube | **Healthwatch England - Missing millions: exploring hidden and unmet social care need for disabled people**This research into social care for disabled people shows how transformative social care can be for those receiving it |
| However, extrapolating survey data to national-level data, it found that as many as 1.5 million working-age disabled people in England are not receiving social care support, despite potentially being eligible for care. The report outlines the findings and sets out recommendations to decision-makers, including government, local authorities and integrated care systems.<https://www.healthwatch.co.uk/sites/healthwatch.co.uk/files/20240715%20Missing%20Millions%20Report%20on%20Unmet%20Social%20Care%20Needs%20Final_0.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=14585161_NEWSL_HMP_Library%202024-07-26&dm_i=21A8,8OLZD,2NYYES,101WDX,1>  |
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| **Infection Prevention guidance and updates**  |
| 2 July 2024 | UK Health Security Agency Collection**Annual flu programme**Seasonal influenza (flu) is an unpredictable but recurring pressure that the NHS faces every winter. Vaccination offers the best protection.Updated for 2024/2025 flu season | <https://www.gov.uk/government/collections/annual-flu-programme?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=8ed232f8-2f20-490b-bbe9-259cdbacea56&utm_content=daily#full-publication-update-history>  |
| 5 July  | UK Health Security Agency New Publications Guidance **Respiratory syncytial virus (RSV): vaccination for older adults** Information on respiratory syncytial virus (RSV) and the benefits of vaccination for adults and resources to promote the vaccination to older adults. | <https://www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-vaccination-for-older-adults?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=9ac75042-18c0-4746-be72-5ebc1165f853&utm_content=daily>  |

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| **Infection Prevention guidance and updates continued** |
| 9 July | DBS Guidance **DBS guidance leaflets** Guidance leaflets relating to eligibility and other DBS services and products. Leaflet title updated to include England and Wales (Regulated Activity with Children in England and Wales) | <https://www.gov.uk/government/publications/dbs-guidance-leaflets?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=243939bc-3b0d-4c90-9916-55c378c800c0&utm_content=daily#full-publication-update-history>  |
| 11 July | UK Health Security Agency Press release**UKHSA encourages timely vaccination as whooping cough cases rise**New data published today by the UK Health Security Agency (UKHSA) shows cases of whooping cough continue to increase with 2,591 cases confirmed in May. | <https://www.gov.uk/government/news/ukhsa-encourages-timely-vaccination-as-whooping-cough-cases-rise?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=2be5c2ec-3a1d-4283-9283-bdd9c595cd17&utm_content=daily>  |
| 12 July  | UK Health Security Agency new guidance **Respiratory syncytial virus (RSV): maternal vaccination** Information on respiratory syncytial virus (RSV) and the benefits of vaccination for pregnant women and their babies and a poster and stickers to promote the vaccination to pregnant women. **Respiratory syncytial virus (RSV): vaccination for older adults** Information on respiratory syncytial virus (RSV) and the benefits of vaccination for adults and resources to promote the vaccination to older adults. Updated to include PDF of poster.  | <https://www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-vaccination-for-older-adults?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=43aa612d-c8bd-4a15-9dfa-ad0175b41b94&utm_content=daily#full-publication-update-history> <https://www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-maternal-vaccination?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=d8e0ce63-e165-498d-914e-2e629a07c812&utm_content=daily>  |
| 15 July | UK Health Security Agency Promotional material**Immunisations for teenagers and young people** Explains the HPV, Td/IPV and MenACWY vaccinations given to young people in school years 7 to 13. Updated 'A guide to immunisation for teenagers and young people' leaflet and text version. | <https://www.gov.uk/government/publications/immunisations-for-young-people?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=7d4639f1-f585-444a-ab6e-d0393cab7a2e&utm_content=daily#full-publication-update-history>  |
| 23 July  | Department of Health & Social Care Guidance**Pressure ulcers: how to safeguard adults**How to respond to individuals at risk of developing pressure ulcers, prevent harm where they occur and raise a safeguarding concernUpdated the links to the updated National Wound Care Strategy Programme (NWCSP) pressure ulcer recommendations and clinical pathway documents. | <https://www.gov.uk/government/publications/pressure-ulcers-how-to-safeguard-adults?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=f44fc381-4060-4431-bebb-e8838388a0d6&utm_content=daily#full-publication-update-history>  |
| **Infection Prevention guidance and updates continued** |
| 29 July | UK Health Security Agency Research and analysis**Hepatitis B in England**Latest UKHSA hepatitis B virus report and supporting document for England.Updated with hepatitis B in England 2024 report. | <https://www.gov.uk/government/publications/hepatitis-b-in-england?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=b2c0aa6e-3209-4738-b768-187b8e3a0698&utm_content=daily#full-publication-update-history>  |

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| **Other Topics - updates** |

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| 2 July 2024 | UK Visas and Immigration Guidance**Right to work checks: an employer's guide**How to carry out right to work checks, why you need to do them, and which documents you can use.An accessible version of this guidance has been added. | <https://www.gov.uk/government/publications/right-to-work-checks-employers-guide?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=118d1847-c11f-44bc-bea8-8330a60657fa&utm_content=daily#full-publication-update-history>  |
| 3 July 2024 | UK Health Security Agency Promotional material**Breast screening: helping women decide**Information on the NHS breast screening programme to help eligible women make a personal informed choice about whether to take part. Removed PHE screening helpdesk information and updated with NHS England contact details.UK Health Security Agency Guidance **Breast screening: programme overview** Read an overview of the NHS breast screening programme (BSP), and learn how to contact the programme. Replaced PHE references with NHS England contact information.  | <https://www.gov.uk/government/publications/breast-screening-helping-women-decide?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=c09ea3d9-dd8f-4e0e-8f13-a73e1ad8e807&utm_content=daily><https://www.gov.uk/guidance/breast-screening-programme-overview?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=51400473-b34d-4db7-a6ea-d0454d269e4e&utm_content=daily#full-publication-update-history> |
| 3 July 2024 | UK Health Security Agency Promotional material**Bowel cancer screening: benefits and risks**These information leaflets accompany bowel cancer screening invitations. Removed PHE screening helpdesk information and updated with NHS England contact details. UK Health Security Agency Guidance **Bowel cancer screening: programme overview**Information on the programme, including commissioning, quality assurance, education and training. Replaced PHE references with NHS England contact information. Updated eligible age range. | <https://www.gov.uk/government/publications/bowel-cancer-screening-benefits-and-risks?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=4dc144bc-7151-44b1-9acc-ca2d936f35a5&utm_content=daily><https://www.gov.uk/guidance/bowel-cancer-screening-programme-overview?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=ca9b5dec-c7cd-489e-b39a-eed5fac24d31&utm_content=daily>  |

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| **Other Topics - updates** |

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| 3 July 2024 | UK Health Security Agency Promotional material**Abdominal aortic aneurysm screening: invitation leaflet**Information for men invited to an NHS abdominal aortic aneurysm (AAA) screening appointment. Removed PHE screening helpdesk information and updated with NHS England contact details.UK Health Security Agency Guidance **Abdominal aortic aneurysm screening: programme overview**How the NHS abdominal aortic aneurysm (AAA) screening programme works: who is eligible, what it does and learn how to contact the programme. Replaced PHE references with NHS England information.  | <https://www.gov.uk/government/publications/abdominal-aortic-aneurysm-screening-invitation-leaflet?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=fb11f169-2252-4edb-a2ad-fa9707694ca7&utm_content=daily><https://www.gov.uk/guidance/abdominal-aortic-aneurysm-screening-programme-overview?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=6602ede8-92ca-4111-9782-a84d392538f5&utm_content=daily#full-publication-update-history>  |
| 3 July  | UK Health Security Agency Promotional material**Cervical screening: leaflet for women considering screening**This leaflet is sent to all women invited for NHS cervical screening.Added NHS England contact details for requesting alternative formats.UK Health Security Agency Guidance **Cervical screening: programme overview** Information on the NHS Cervical Screening Programme, including commissioning, quality assurance, education and training. Replaced PHE references with NHS England contact information.  | <https://www.gov.uk/government/publications/cervical-screening-description-in-brief?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=2f3eefc9-59fe-4b71-a08b-551a966d67f7&utm_content=daily> <https://www.gov.uk/guidance/cervical-screening-programme-overview?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=78e79483-2486-49f1-bd31-93599956d078&utm_content=daily#full-publication-update-history> |
| 5 July | DBS Guidance **Eligibility guidance for enhanced DBS checks** Guides to help you identify the types of work eligible for an enhanced DBS check in each workforce, including regulated activity. Updated attachment uploaded including newest policy updates | <https://www.gov.uk/government/publications/dbs-workforce-guidance?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=d97c1e50-c0a3-4a66-980d-c0d1cb4e3bf7&utm_content=daily#full-publication-update-history>  |
| 8 July | UK Health Security Agency Guidance **Diabetic eye screening: programme overview** An overview of the NHS diabetic eye screening (DES) programme, its services and contact information. Replaced PHE information with NHS England contact details. | <https://www.gov.uk/guidance/diabetic-eye-screening-programme-overview?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=03e7e280-9011-4e71-b5d9-01a8331aa6aa&utm_content=daily#full-publication-update-history>  |

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| **Other Topics - updates** |

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| 8 July | Department for Work and Pensions Guidance **Universal Credit: further information for families** An overview of what Universal Credit means for families and what they will be expected to do in return. If your child is over 16 and in education or training, at the end of July you’ll get a journal message in your online account explaining what you’ll need to do before 31 August. | <https://www.gov.uk/government/publications/universal-credit-and-your-family-quick-guide?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=6fa25b8e-67d2-4659-897a-8530bb531507&utm_content=daily#full-publication-update-history>  |
| 16 July | Office of the Public guardian Guidance **Health and social care workers: Mental Capacity Act decisions** How the Mental Capacity Act 2005 applies to health and social care staff. Deleted outdated PDF version of documents | <https://www.gov.uk/government/publications/health-and-social-care-workers-mental-capacity-act-decisions?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=d2953f5c-4557-4608-afcc-f6e89c087a11&utm_content=daily#full-publication-update-history>  |
| 16 July | UK Health Security Agency Collection **UKHSA: What we do** See our science and technology working areas, and find out how to access our world-class specialist services and facilities. Added the VDEC form link. | <https://www.gov.uk/government/collections/ukhsa-what-we-do?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=0c5ca141-d595-4165-acbf-4a41d6b52e1d&utm_content=daily#full-publication-update-history>  |
| 18 July | Office for Health Improvement and Disparities Guidance **National Child Measurement Programme: operational guidance** Guidance on running the National Child Measurement Programme, which collects the height and weight of reception and year 6 children across England every year. Updated operational guidance with new information about child oral health, the mental wellbeing of pupils and recording sex and gender identity of children. Also, added links to an animation that explains the NCMP process and why it's important, a video on talking to a healthcare professional about weight, a video on talking to your child about weight and child oral health resources. | <https://www.gov.uk/government/publications/national-child-measurement-programme-operational-guidance?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=fbe17146-cb50-4aec-8dfc-3d1635c89759&utm_content=daily#full-publication-update-history>  |

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| **Other Topics - updates** |

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| 30 July | UK Health Security Agency Guidance **Mobile phone base stations: radio waves and health** Information on the different types of mobile phone base station, and how exposures are measured. Updated links and fixed small anachronisms | <https://www.gov.uk/government/publications/mobile-phone-base-stations-radio-waves-and-health?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=bcde1d79-192b-4e4d-9d79-fc30e00f1d17&utm_content=daily#full-publication-update-history>  |
| 31 July | UK Health Security Agency Research and analysis new Guidance **Extreme cold temperatures in domiciliary care** Older adults and people with health conditions are at risk of mortality during cold weather. This research explores the experiences of those who care for them. | <https://www.gov.uk/government/publications/extreme-cold-temperatures-in-domiciliary-care?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=7909a4c2-d25c-4235-b628-5bf3fbfec945&utm_content=daily>  |