



**UNITY CARE SOLUTIONS**  
Passionate about care

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\* Calls to 03 numbers cost no more than a national rate call to an 01 or 02 number and count towards any inclusive minutes in the same way as 01 and 02 calls

## Learning Disabilities

Caring for a child or adult with learning disabilities can be stressful and have an impact on the whole family. But did you know you don't have to cope alone?

Unity's care support workers' experience includes working in the fields of autism, Aspergers, ADHD (attention deficit hyperactivity disorder) and challenging behaviour. Providing practical, hands-on support, they play a vital part in helping children and young adults with learning disabilities integrate into society.



### Support for Children

The experienced members of Unity's male and female care team work with schools, Social Services and the health agencies to support parents of children with learning disabilities on a daily basis. This helps make your life easier and allows you to focus on your family as a whole.

Unity's care support workers help with activities such as getting your child ready in the morning and providing an escort service to and from school. And if one-to-one support is needed in school, at home or in the holidays, that can be arranged too. After school, your child can be cared for until you're ready to take over in the evening.

Our team of care support workers will also accompany your child on outings and community trips, helping improve their social skills and quality of life, as well as taking some of the pressure off you and the rest of your family.

### Support for Adults

Families of young adults with learning disabilities have different needs to those with younger children. While it's important to encourage them to live as independently as possible, their safety and well-being must be a priority. A young person with learning difficulties often needs help and guidance to carry out some of the day-to-day tasks we all take for granted.

Our care support workers work with young adults with learning disabilities across the region, helping boost self-esteem and independence with:

- Encouragement with personal care needs
- Shopping and domestic skills
- Budgeting
- Support and access to employment
- Handling correspondence
- Social events
- Travel training
- Independent living skills