



Respite Care

Unity's flexible respite care services are designed to support you in your role as a carer. Looking after someone full-time is hard work and it isn't easy to take time off. Friends or other family members might not be able to help out.

Whether you just need someone in the house while you're out, or your loved one needs more complex care, we have a team of experienced nurses and care support workers you can call on and who, most importantly, you can trust.



Flexible Respite Care

Unity's respite care service is as much about you as the person to be cared for. There are no off-the-shelf solutions because everyone's situation is different. We're on call to deliver respite when YOU need it.

You might have other family commitments to take care of. Maybe you have a regular social event to go to. Perhaps you just need a break. When it comes to respite care, you tell us what you need – from ad hoc or live-in care to regular support – and we'll deliver.

Adults and Children

Unity provides respite care for all ages. Included in our team are:

- Adult nurses
- Paediatric nurses and nurses with child experience
- Care support workers
- Specialist learning disability care workers

What's Involved

Our respite care teams do all the tasks you do yourself. And like you, we do them with a smile, with compassion and with a friendly touch. Our team of nurses and care support workers are available to deliver respite care support 24/7 so you can take time out and benefit from the break knowing the person you care for is in safe, professional hands.

- Help with personal care
- Washing, bathing and dressing
- Light domestic tasks
- Preparation of meals
- Morning and night time routines
- Incontinence management
- Mobilisation help
- Feeding and helping with meals
- Shopping trips and social outings

Whatever you do for the person you care for, we will do too. Speak to us here at Unity and let us help with your care.